

## Request for Five Precepts

**(Y) Ahaṃ bhante, tisaraṇena saha, pañca-sīlaṃ, dhammaṃ yācāmi, anuggahaṃ katvā sīlaṃ detha, me bhante.**

Venerable sir, I would like to request the five precepts with refuge in the Triple Gem. Please kindly grant me the request.

**(S) Yam ahaṃ vadāmi, taṃ vadetha** - Repeat after me.

**(Y) Āma bhante** - Yes, Venerable sir.

## Homage to the Buddha

**Namo tassa bhagavato arahato sammāsambuddhasa (3 times)**

Homage to him, the Exalted one, the fully Enlightened one.

## Taking Three Refuges

**Buddhaṃ saranaṃ gacchāmi.** - I go to the Buddha as my refuge

**Dhammaṃ saranaṃ gacchāmi.** - I go to the Dhamma as my refuge.

**Saṃghaṃ saranaṃ gacchāmi.** - I go to the Sangha as my refuge.

**Dutiyampi Buddhaṃ saranaṃ gacchāmi.** - For the second time, I go to the Buddha as my refuge.

**Dutiyampi Dhammaṃ saranaṃ gacchāmi.** - For the second time, I go to the Dhamma as my refuge.

**Dutiyampi Saṃghaṃ saranaṃ gacchāmi.** - For the second time, I go to the Sangha as my refuge.

**Tatīyampi Buddhaṃ saranaṃ gacchāmi.** - For the third time, I go to the Buddha as my refuge.

**Tatīyampi Dhammaṃ saranaṃ gacchāmi.** - For the third time, I go to the Dhamma as my refuge.

**Tatīyampi Saṃghaṃ saranaṃ gacchāmi.** - For the third time, I go to the Sangha as my refuge.

**(S): Saraṇagamanāṃ paripuṇṇaṃ** - Taking refuge is complete.

**(Y): Āma Bhante** - Yes, Venerable Sir

## Taking Five Precepts

**1. Pāṇātipātā veramaṇi-sikkhāpadaṃ samādiyāmi.**

I undertake the rule of training to refrain from killing any beings.

**2. Adinnādānā veramaṇi-sikkhāpadaṃ samādiyāmi.**

I undertake the rule of training to refrain from taking what is not given.

**3. Kāmesu micchācārā veramaṇi-sikkhāpadaṃ samādiyāmi.**

I undertake the rule of training to refrain from sexual misconduct.

**4. Musāvādā veramaṇi-sikkhāpadaṃ samādiyāmi.**

I undertake the rule of training to refrain from false speech.

**5. Surā-meraya-majja-pamādaṭṭhānā veramaṇi-sikkhāpadaṃ samādiyāmi.**

I undertake the rule of training to refrain from drinks and drugs that fuddle the mind and reduce mindfulness.

**Idaṃ me sīlaṃ magga-phala-ñāṇassa paccayo hotu.**

May my keeping of precepts be a suitable condition for my attaining path and fruitions.

**(S): Appamādena sampādetha** - Accomplish the training with mindfulness

**(Y): Āma Bhante** - Yes, Venerable Sir